

I will do something for Amnesty International every day for a month but only if 19 other people will too.

— Lorna Coupland

Text **pledge onemonthamnesty** to 60022 (UK only) or pledge at [www.pledgebank.com/onemonthamnesty](http://www.pledgebank.com/onemonthamnesty)

This pledge closes on 31st July 2008. Thanks!

Remember, you only have to act if 19 other people sign up – that's what PledgeBank is all about.

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