I will make my voice heard and help young people's views to get noticed. When I have an opinion on a news story, I will voice it in the media by commenting online, writing to editors of papers or magazines, or calling in to TV or radio programmes. It's our news too. but only if 1,000 other young people will pledge to do the same.

— Sophie Manning, Respect young people's advisory member

Text **pledge RespectSpeakUp** to 60022 (UK only) or pledge at
www.pledgebank.com/RespectSpeakUp

This pledge closes on 31st May 2010. Thanks!

Remember, you only have to act if 1000 other people sign up – that's what PledgeBank is all about.

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